ACTIVITY CALENDAR- AUGUST 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | <u>SATURDAY</u> | <u>SUNDAY</u> |
|---|--|--|--|--|--|------------------|
| Winter -Average High Temperature 19°C. -Average Low Temperature 6°C | 1 st 10:00 Café Day Monthly Birthday 1:30 Park Walk & Afternoon Tea | 2 nd 10:30 Baptist Service & Morning Tea 1:30 Men`s Group | 3 rd 10:30 Bingo 1:30 Upright Fitness & Afternoon Tea | 4 th International Beer Day 10:30 Golf Games 1:30 Karaoke & Happy Hour | 5 th 1:00 Movie Time House 3 & 6 | 6 th |
| 7 th Aged Care Employee Day | 8 th | 9 th | 10 th | 11 th | 12 th | 13 th |
| 10:30 Art & Craft 12:30 Residents Cooking for Staff BBQ Aged Care Employee Day Thanks for caring | 10:30 Catholic Service & Morning Tea 1:30 Dance Exercise & Afternoon Tea | 10:30 Arm Chair Travel 1:30 Pen Pal Project | 10:30 Bingo 1:30 Gym & Balance Exercises | 10:30 Pamper Group 12:45 Roselands Shopping Trip | 1:00 Movie Time House 3 & 6 | |
| 14 th | 15 th Ferragosto | 16 th | 17 th | 18 th | 19 th | 20 th |
| 10:30 Knitting Group 1:30 Art & Craft | 10:30 Tai Chi & Morning Tea 1:30 Pizza Making Class | 10:30 Bingo 1:30 Resident to Resident visits | 10:30 Table & Mind Games 1:30 Upright Fitness & Afternoon Tea | 12:00 Monthly BBQ 2:30 Hand Massage & Aromatherapy | 1:00 Movie Time House 3 & 6 | |
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| 21 st | 22 nd | 23 rd | 24 th | 25 th Purple Day | 26 th | 27 th |
| 21 st 10:30 Bible Study 1:30 Art & Craft | 22 nd 10:00 Café Day 1:30 Park Walk & Afternoon Tea | 23 rd 10:30 Pen Pal Project 2:00 Resident and Representative Advisory Committee Meeting | 24 th 10:30 Bingo 1:30 Upright Fitness & Afternoon Tea 2:30 Foodie Group Meeting | 25 th Purple Day 9:30 Variety show & Lunch @ Menai Club | 26 th 1:00 Movie Time House 3 & 6 | 27 th |
| 10:30 Bible Study | 10:00 Café Day 1:30 Park Walk & | 10:30 Pen Pal Project 2:00 Resident and Representative Advisory | 10:30 Bingo 1:30 Upright Fitness & Afternoon Tea 2:30 Foodie Group | 9:30 Variety show & Lunch @ Menai Club | 1:00 Movie Time | 27 th |
| 10:30 Bible Study 1:30 Art & Craft | 10:00 Café Day 1:30 Park Walk & Afternoon Tea | 10:30 Pen Pal Project 2:00 Resident and Representative Advisory Committee Meeting | 10:30 Bingo 1:30 Upright Fitness & Afternoon Tea 2:30 Foodie Group Meeting | 9:30 Variety show & Lunch @ Menai Club | 1:00 Movie Time House 3 & 6 | 27 th |

